



Proper Dog Academy

Home Foundations Program Overview

The Home Foundations Program extends your puppy's stay with Teddy Puppies from 8 weeks to 12 weeks of age so they can receive guided socialization, individualized early training, and thoughtful preparation for life in a home.

This program is designed to give puppies an early advantage during one of the most important developmental windows in their lives. Rather than simply waiting to go home, puppies spend these weeks building confidence, learning how to cope with new experiences, and practicing the first skills that make the transition into family life much smoother.

Our goal is simple:

To send home a puppy that is more confident, more adaptable, and already beginning to understand how to live successfully with people.

What Your Puppy Will Experience

Emotional Stability & Confidence Development

A large part of early puppy development is learning how to move through new experiences without becoming overwhelmed. In this program, puppies are introduced to age-appropriate challenges in a careful, positive way so they can practice curiosity, recovery, and resilience.

Exercises may include:

- exploring novel objects
- gentle sound exposure, such as household appliances, traffic, and thunder sounds
- calm handling and body awareness exercises
- confidence-building exploration
- learning to recover calmly from mild stress



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- short, developmentally appropriate independence exercises

Outcome:

Your puppy becomes more adaptable, better able to recover from unfamiliar experiences, and more prepared for the normal changes that come with joining a new home.

Individual Puppy Foundations Training

Each puppy receives individual training sessions tailored to their temperament, confidence level, and learning style. At this age, the focus is not on formal obedience, but on building clear communication, engagement with humans, and early habits that make future training easier.

Skills introduced may include:

- name recognition
- recall conditioning (“come” / “here”)
- crate comfort
- leash and collar introduction
- grooming and handling tolerance
- early impulse control games
- calm food manners
- gentle mouth habits
- engagement and focus with people

We adjust each puppy’s sessions based on their personality and rate of development so that learning stays productive and positive.



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Outcome:

Your puppy goes home with an early understanding of communication, stronger engagement with humans, and a foundation that is easier for the family to continue building on.

Environmental Socialization

Puppies are gradually exposed to a wide variety of real-world experiences in a safe, structured, and positive way. The goal of socialization is not simply “seeing lots of things,” but learning that new environments, sounds, surfaces, people, and movement can be handled calmly.

People Exposure

Puppies may be introduced to a variety of people to support healthy social development, including:

- children
- men and women
- people of different appearances
- hats, jackets, and varied clothing
- different voices, movement styles, and body language

Surfaces

To build environmental confidence, puppies explore a variety of textures and footing, such as:

- hardwood
- tile
- grass
- gravel



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- rubber mats and textured surfaces

Objects

Puppies are introduced to common everyday objects, including:

- umbrellas
- strollers
- bicycles
- rolling objects like suitcases or carts
- household items and equipment

Sounds

Puppies are gently exposed to common household and environmental sounds, paired with calm guidance and positive associations:

- thunder
- fireworks
- doorbells
- vacuum cleaners
- traffic and neighborhood sounds

Places & Movement Experiences

Puppies also practice navigating different environments and movement challenges, such as:

- short car rides



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- stairs
- new rooms and outdoor areas
- safe field trips or outdoor exposures
- stepping over, around, or across small obstacles and changes in level

Animal Exposure

When appropriate and safe, puppies may also be introduced to other animals in controlled settings, such as:

- cats
- horses
- calm, vaccinated adult dogs

Outcome:

Your puppy develops more confidence in everyday environments, becomes more flexible with change, and is less likely to feel overwhelmed by normal home and community life.

Household Transition Preparation

A puppy may do well in a breeder or program setting and still struggle when they first enter a family home. That is why we intentionally begin preparing puppies for the rhythms of home life before they leave us.

This preparation may include:

- Sleeping alone in a crate overnight
- short periods of independence



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- settling while people move around nearby
- beginning a potty routine
- relaxing indoors after activity
- practicing calm transitions between activity and rest

Outcome:

The move into your home feels less abrupt, and your puppy has already begun practicing the routines that matter most for family life.

Weekly Updates for Families

Families receive weekly updates throughout the program so they can follow their puppy's progress and feel connected to the development process.

Updates may include:

- training and development summaries
- photos
- short videos of sessions and socialization experiences
- notes about personality, strengths, and growth areas

These updates help families see not just what their puppy is doing, but how they are developing.

Weekly Development Plan

Week 8–9: Foundation & Relationship Building



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Focus areas:

- crate introduction
- name recognition
- gentle handling
- surface exposure
- sound desensitization
- early engagement with humans

Week 9–10: Confidence Building

Focus areas:

- novelty exploration
- object interaction
- leash introduction
- recall conditioning
- short car rides
- environmental confidence exercises

Week 10–11: Real-World Preparation

Focus areas:

- people exposure



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- calm greetings
- grooming tolerance
- mild independence exercises
- crate relaxation
- recovery from new experiences

Week 11–12: Transition Readiness

Focus areas:

- impulse control games
- leash following
- calm handling by less familiar people
- independence practice
- household noise exposure
- home routine preparation

Family Transition Support

When your puppy completes the program, your family will receive a **virtual 1-on-1 transition session** to help you start strong at home.

During this session, we will:

- review your puppy's progress and temperament



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- walk through your first-week home routine
- Discuss crate training and sleep setup
- explain how to continue the training foundation
- Answer questions about your puppy's adjustment

This support helps families feel clear, confident, and prepared for the transition home.

Expected Outcomes

Puppies completing the Home Foundations Program typically demonstrate:

- increased confidence in new environments
 - greater comfort with handling and grooming
 - stronger engagement with people
 - beginning recall understanding
 - comfort sleeping in a crate without siblings
 - familiarity with a leash and collar
 - improved adaptability to household routines
 - a smoother transition into their new home
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Program Investment



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Service	Investment
4-week Extended Stay Puppy Care	\$1,000
4 Weeks Individual Puppy Foundations Training	\$1,500
Total Program Investment	\$2,500
(\$625 per week)	

Availability

To maintain quality and individualized attention, this program is offered to a **limited number of puppies per litter**.

Spaces are reserved on a **first-come, first-served basis**.